

INFERTILITY & ADOPTION COUNSELING CENTER



Adoptive Teen Support Group & Parents of Adopted Teens Group

The IAC Center offers counseling, support groups and workshops on the various aspects of the adoption life cycle.

Currently, the IAC Center is forming a group for teens who were adopted

Group members will enjoy creating connections with other teens facing similar issues. The IAC Center has a history of working with adopted teens on an individual basis. We feel that also offering a group experience for teens would be meaningful. This group will offer teens an opportunity for validation, sharing and exploring of their experiences, concerns and questions with other like-minded teens who were adopted.

Group will focus on:

- General adoption issues teens may think about
- Self-esteem, identity and social issues
- Issues experienced as individuals dealing with adolescence and adoption.

Details

- We recommend an interview to assess readiness for this group
- The teen group will be led by a therapist who was adopted
- The group will begin in October 2009 on a Sunday once interviews are complete
- There will be 8 meetings for teens; and four separate parent-only group sessions
- Parents with adopted teens who choose not to join the group are also welcome to join the parent-only group
- Fee is \$75 per teen/per session; and Parents of teens in group \$50/session; Parents of teens who are not in group \$75/session. Group fees are usually partially insurance reimbursable and we do have limited scholarships available.
- The group will meet at the IAC Center, 2 Tree Farm Road, Suite A200, Pennington, NJ 08534

For more information and to schedule an assessment, please contact:

Joni S. Mantell, LCSW, Director, at JMantellMSW@iaccenter.com or 609-737-8750

Please check our website for regular workshops and events:

www.iaccenter.com